



¹I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called,

1. How to Walk

“Therefore” In light of everything Paul has stated in the first 3 chapters.

In light of the facts:

- You have been adopted as children of God
- You have been forgiven by Christ’s sacrifice
- You are now a part of Christ’s Body – the Church
- You have the Spirit of God dwelling in you
- All of God’s power is available

Chap. 4 transition’s from “who we are in Christ” to

²with all lowliness and gentleness, with longsuffering, bearing with one another in love, ³endeavoring to keep the unity of the Spirit in the bond of peace.

All of these words point to _____

“lowliness” – “rein in or bring down the mind and feelings”
Complex word made up by the Christians.

2. Who We Walk With

“Equipping” Only here in the New Testament. In classical Greek used when speaking of refitting a ship or setting a bone.



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“The people are the _____ the pastors are the _____.”

3. How Not to Walk

Paul now transitions again from “how to walk” in verse 1, to “how not to walk”.

The problem is not their _____ with God but their _____ with God.

²⁰But you have not so learned Christ, ²¹if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: ²²that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts,

"put off" - Grk. "to take off like clothing"

²³and be renewed in the spirit of your mind, ²⁴and that you put on the new man which was created according to God, in true righteousness and holiness.

Paul gives specific direction for living this new life. It should affect:

- Our _____ v. 25
- Our _____ v. 26-27
- Our _____ v. 28
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