



“Give us this day our daily bread.” Matt. 6:11

Jesus didn’t waste words. He was very precise and specific in what He said.

Jesus was giving us not only a prayer but a belief, a way to view the world.

He now shares three requests that cover the basic needs of man:

“Give us this day our daily bread”

“Forgive us as we forgive”

“Lead us not into temptation but deliver us from evil”

Breaking down this request:

1. give us...

Where does our bread come from? _____

“You cause the grass to grow for the cattle, and plants for people to use, to bring forth food from the earth, and wine to gladden the human heart, oil to make the face shine, and bread to strengthen the human heart” Psalm 104:14-15

A person who has food has many problems.



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2. this day, daily...

When does it come? _____

“Each day the people shall go out and gather enough for that day.... Gather as much of it as each of you needs...[and] let no one leave any of it over until morning”.

Ex. 16:4-19

“Do not worry,” he tells us, “saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’...your heavenly Father knows that you need all these things” .

Matt. 6:31-32

3. us, our...

Who is it come to? _____

"When you reap the harvest of your land, you shall not reap your field to its very border, neither shall you gather the gleanings after your harvest. And you shall not strip your vineyard bare, neither shall you gather the fallen grapes of your vineyard; you shall leave them for the poor and for the sojourner: I am the Lord your God".

Leviticus 19:

9-10

Never doubt that a small group of thoughtful, committed citizens can

For further study and action:

Read the sixth chapter of John. Notice how Jesus exposed as the motive of the people seeking Him. See how Jesus redirects their focus.

Here’s a simple but profound prayer:

*Lord, to those who hunger, give bread.
And to those who have bread, give the hunger for justice.*

Ask God to show you how to live this out in practical ways this week.

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