

egomaniac who needs our praise, but because worship is how we are designed by God. He wants the best for us.

Take time this week to share your spiritual journey with someone else. Tell them how you came to faith in Christ. Don't worry about their response. Relax in the knowledge that you are playing a part in expanding God's worldwide worship.

**7. Serve others.** Jesus tells us that "when you did it to the least of these my brothers and sisters, you did to me!" (Matthew 25:40 NLT) When we serve one another, Jesus tells us we are really serving him. If you don't think you have any gifts that are useful to serve, you are wrong. God made you with talents and gifts that He specifically gave you to serve others.

**8. Build into your life the attitude of thankfulness.** This requires looking at the world through a different set of eyes. When we look through the lens of thankfulness, we see our lives – and everything in it – as gifts from God. Develop your own spiritual exercise each morning that demonstrates that you are putting on your lens of thankfulness. Then begin to thank God for all of the good things in your life.

**9. Begin turning over to God areas of your life that you have never committed to him.** This is the heart of worship – surrender. God won't settle for 90 percent of your life; he wants all of it. You might have been a follower of Jesus for years, but you still have areas of your life that you are holding back from him. What are those areas? Only you know that. Two good places to look are your checkbook and your planner. Look at the areas of your life where you spend the most money and the most time. Do they honor God?

If you are human, you have sin in your life that you need to surrender. Think back over the past month and write down all of the times you remember disobeying clear teaching from God. Then look for patterns. If you find patterns of sin in your life, these are areas of your life you need to surrender to God. Right at the moment start praying for God to help you overcome that sin. Ask your small group to pray for you. If you think this chronic sin might be something you can't stop doing, check out our Celebrate Recovery program.

**10. Live a life of purpose.** God has a reason for your existence. In fact, He has five: fellowship, discipleship, ministry, evangelism and worship. You please God when you live in step with His purposes. God doesn't want you to waste your life.

Worship isn't simply one area of your life; it is your life. Start right this moment by surrendering your life to God. Then spend the rest of your life learning to worship him more fully.

## 10 Ways of Worshiping Without Music

### ***Worship isn't just a part of your life – it's everything you do!***

Worship through music is only a small portion of what true, biblical worship is all about. Worship is the process of surrendering our entire life into God's hands. Everything we do can – and should – be an act of worship.

How do we apply that to our life? God designed us to worship him with our whole lives. Are there actually spiritual habits that we can build into our lives that help us to worship God more deeply? YES! Here are 10 habits that can help build worship into your life on a daily basis.

**1. Worship through prayer.** We often miss this important component of our prayer life. Think about the issues you usually pray about. How much of our prayer life is about us and how much of it is about God? Without a doubt God wants us to be able to share everything that is going on in our life. He wants us to get to know him better.

When we affirm who God is through our prayers, we put our prayer life in proper perspective. That's exactly how Jesus taught us to pray. Look at the Lord's Prayer in the Gospel of Mathew (6: 9-13) where Jesus starts the prayer off by saying "Our Father who is in Heaven, May Your name be honored." (NLT) Jesus teaches us an important lesson with this prayer. Prayer starts with God. Consider including in your prayers a time of focused attention on who God is.

**2. Get in a regular habit of reading the Bible.** The Bible says that we worship God in "spirit and in truth." How can we ever worship God without a clear understanding of who he is? The truth about God is essential to worship. Pay special attention to the book of Psalms. No book in the Bible spends as much time carefully describing who God is.

**3. Obey God.** We all need to build the habit of obedience into our lives. Take practical steps to see that this is a part of your life. Whenever you sense God is speaking to you, make it a regular practice to do it immediately. Don't let procrastination weigh you down. If you can't do it immediately, write down whatever God has been putting on your heart, so that you can do it SOON!

**4. Tithe.** If you want to know what in your life you worship, look at your checkbook register. The Bible teaches us this important lesson: "For where your treasure is, there your heart will be also." (Mathew 6:21 NIV) God wants us to surrender our entire being to him. One way to show that is by making him Lord of our pocketbook. If you are already a committed tither, consider raising the percentage you are willing to give.

**5. Build deep relationships with other Christians.** The Bible teaches that God designed us to live in community with other Christians. We bring God pleasure by getting to know others and being known by them. Here at Life Church, the primary way we do this is through Life Groups.

**6. Share your faith.** God wants every person on the planet to worship him, not because he is an

<b>BODY LANGUAGE IN WORSHIP</b>		
<b>Type</b>	<b>Scripture</b>	<b>Demonstrates</b>
Lifting Hands	I will lift up my hands in Your name. (Ps. 63:4)	Submission, Dependence, Openness
Standing	You who stand in the house of the Lord.... (Ps. 135:2)	Respect, Honor, Worth
Kneeling	Let us kneel before the Lord our Maker. (Ps. 95:6)	Humility, Devotion, Adoration
Shouting	Shout to God with the voice of triumph! (Ps. 47:1)	Affirmation, Enthusiasm, Joy
Singing	Worship the LORD with gladness; come before him with joyful songs. (Ps. 100:2)	Sensitivity, Love
Giving	Bring an offering and come before him; worship the LORD in the splendor of his holiness. (1 Chron. 15:29)	Obedience

## 2. Not Focusing on Ourselves

*“Focusing on yourself is the opposite of focusing on God. Anyone completely absorbed in self ignores God, and ends up thinking more about self than God.”*

*Romans 8:7 (MSG)*

*This is what the Sovereign LORD, the Holy One of Israel, says:*

*“Only in returning to me and resting in me will you be saved. In quietness and confidence is your strength. But you would have none of it. <sup>16</sup> You said, ‘No, we will get our help from Egypt. They will give us swift horses for riding into battle.’ But the only swiftness you are going to see is the swiftness of your enemies chasing you! <sup>17</sup> One of them will chase a thousand of you. Five of them will make all of you flee. You will be left like a lonely flagpole on a hill or a tattered banner on a distant mountaintop.” <sup>18</sup> So the LORD must wait for you to come to him so he can show you his love and compassion. For the LORD is a faithful God. Blessed are those who wait for his help. Isa. 30:15-18*

### **God is focused on you!**

*“You have looked deep into my heart, Lord, and you know all about me. You know when I am resting or when I am working...You notice everything I do and everywhere I go.” Psalm 139:1-3*

## 3. Not focused on our Circumstances

**Give all your worries and cares to God, for he cares about you.** 1 Peter 5:7

**Care**, *merimna*. From *meiro*, “to divide,” and *noos*, “the mind.” To divide the mind, confuse. To separate us from God, destroys our faith in God so we have to solve it on our own. Same word translated anxious in Phil. 4:6

*Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Phil. 4:6*

## **Intro: Chasing the Rabbit**

Everyone is chasing something. What or who are you pursuing?

### **What is worship?**

The English word “worship” comes from the Old English word “worthship,” a word which denotes the worthiness of the one receiving the special honor or devotion.

The degree that we worship is to the degree we make God worthy or establish His worth.

My dad always said something is only worth what someone will give you for it. God’s worth to you and how your relationship with God looks like to others is directly reflected in your worship.

## **1. Focusing on God**

**It’s not about knowing about God it is about being in His presence.**

*The Lord says: “These people come near to me with their mouth and honor me with their lips, but their hearts are far from me. Their worship of me is made up only of rules taught by men. Isa. 29:13*

- Worship is not a song, though singing is an expression of worship.
- Worship is not something we watch, it is participatory.
- Worship is not just for musicians and singers, it is for you.  
...you are a chosen people. You are a kingdom of priests, 1 Pet. 2:9
- Worship is a declaration of or trust in God.
- Worship fights against selfishness, greed, pride, unforgiveness, doubt, fear.

You will keep in perfect peace all who trust in you, whose thoughts are fixed on you!

<sup>4</sup> Trust in the LORD always, for the LORD GOD is the eternal Rock. Isa. 26:3-4

## Revolution 8 – Worship: Beyond a Song

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1. Celebration and Worship - TJ
  - Song: “You and I Were Made to Worship” 10:35
  - Perspective and postures of worship – TJ 10:40
  - Song: 10:50
  - Video: Why I worship 10:55
  
2. Who We Worship - TO
  - Chasing the rabbit 11:00
  - Worship = worthiness
  
  - Communion, giving,– Johnna plays 11:15
  
3. A Life of Worship
  - Personal time with God 11:20
  - Response and commitment 11:30
  - Announce: SH
    - Office Series (invite cards at back door)
    - Women's Retreat
    - Night of Worship - Sept. 14th Vineyard
  - Song: I Am Free 11:40
  - Dismiss 11:43

### **Exhortation during worship: We make a choice to worship.**

#### **From the heart**

*Yet a time is coming and has now come when the true worshipers will worship the Father in spirit and truth, for they are the kind of worshipers the Father seeks. John 4:23*

#### **Even when it is a sacrifice**

*Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that confess his name. Heb. 13:15*

#### **Even when circumstances are tough**

*The crowd joined in the attack against Paul and Silas, and the magistrates ordered them to be stripped and beaten. <sup>23</sup>After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. <sup>24</sup>Upon receiving such orders, he put them in the inner cell and fastened their feet in the stocks.*

*<sup>25</sup>About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. Acts 16:22-25*

#### **Worship brought deliverance and them and a witness to others**

*Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everybody's chains came loose. Acts 16:26*